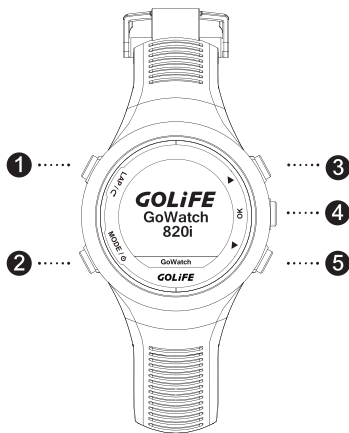




**GoWatch 820i**  
Triathlon GPS Sports Watch

User Manual

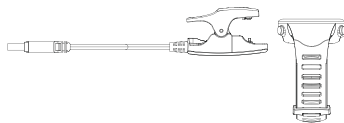
Controls



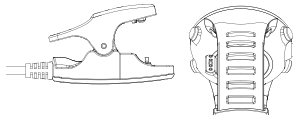
- |                             |                     |
|-----------------------------|---------------------|
| <b>1</b> ..... LAP / BACK   | <b>3</b> ..... UP   |
| <b>2</b> ..... MODE / POWER | <b>4</b> ..... OK   |
|                             | <b>5</b> ..... DOWN |

How to charge your watch

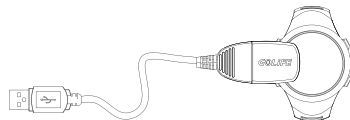
1. Connect the connecting cable to a computer USB port and clamp the other end to the left side of the 820i.



2. Lightly press down on the end of the charging clamp and align the protrusions at the head of the clamp with the corresponding indents at the bottom of the 820i.



3. Clamp the charging clamp to the watch, and the 820i will automatically start charging.



Quick Start Guide

1. Once you are outdoors, press the MODE key to enter exercise mode and wait for satellite signal.
2. Once GPS positioning has completed, press OK, use the UP and DOWN buttons to select your exercise type, and then press OK after selection to start recording data.
3. Exercise status (To adjust types of data displayed go to Settings → Display Settings)
4. Press OK once to pause data recording, then press OK again to resume.
5. Press OK once to pause data recording, press LAP to stop data recording, and then select Yes to store your data.
6. Go to Activities → Activity Records to view your saved records.

For more details, please scan the QR code to the right or go to the following Page: <http://www.goyourlife.com/820im-en>



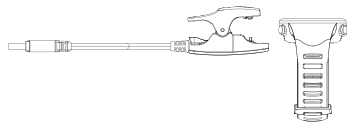
**GOLiFE™**  
by PAPAGO!



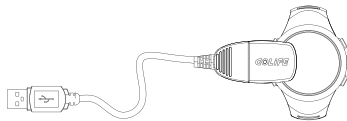
GoWatch 820i

## Uploading with GOLiFE CONNECT

1. Clamp the connecting cable to the watch.



2. Connect the other end of the cable to a computer USB port.



3. Please visit this page:

[www.goyourlife.com/en/download](http://www.goyourlife.com/en/download)  
then download and install GOLiFE CONNECT step by step. Skip this step if you have it installed.

4. Enter your GOLiFE account details or log in using a social media account.



5. Update firmware or upload exercise data.



## Install the GoFIT App

Download the GoFIT App:

Please use the following method to download and install the App.

Scan the QR code  or search for



in



or



GOLiFE Fit (iOS) /  
GOLiFE GoFIT (Android)

App Store

Google play

GoWatch 820i settings

- Open the App and register a new GOLiFE account (log in directly if you already have a GOLiFE account)
- Open the App, select your device, and follow the instructions to pair your GoWatch 820i.
- Before pairing, please make sure that the Bluetooth connection on your mobile device has been activated. (On your mobile device, go to Settings→Bluetooth→Turn on)

Pair with the GoWatch 820i



Please place your watch near your mobile device and select "Pair with GoWatch820i."



Wait for pairing code.



Enter the pairing code and complete pairing with the app.